

Pre-Procedure Instructions

1. Stop all aspirin and non-steroidal anti-inflammatory drugs (NSAIDS) ten days before the day of surgery. Aspirin thins the blood and may cause excessive bleeding during or after surgery. Many products, including over-the-counter and prescription medications, contain aspirin. Examples include (but are not limited to): Alka-seltzer®, Anacin®, Ascriptin, Bufferin®, Ecotrin, Equagesic, Excedrin®, Disalcid, Monogesic, Salflex, and Trilisate, Aleve®, Advil®, Anaprox, Ansaid, Butazolidin, Clinoril, Dolobid, Feldene, Indocin, Lodine, Meclomen, Medipren, Motrin®, Nalfon, Naprosyn, Nuprin®, Orudis, Ponstel, Rufen, Tolectin, Toradol, and Voltaren.
2. If you are on aspirin because of a heart condition, history of stroke, or problem with blood clotting, please consult your primary care physician before stopping your medication.
3. If you need to take some pain medication, Tylenol will be fine.
4. Stop alcohol 2 days before surgery as this too thins your blood.
5. Stop garlic, fish oil and Vitamin E supplements 2 weeks (if possible) before surgery as these may also thin your blood.
6. Stop smoking 3 days before your surgery and until the wound is completely healed to help promote better healing.
7. You may shower and eat normal meals on the day of surgery.
8. If the surgery involves a site on the face or scalp, please do not wear makeup, hair spray, or earrings the day of surgery. If we are excising a skin cancer on a hair bearing region, please shave the area before you arrive for your appointment.
9. Most dressings will need to be kept dry for the first 36-48 hours.

Please answer the following questions. If you answer yes to any of these you will need to contact our office prior to your surgery date.

- Do you have heart problems? Yes No
- Do you have a pacemaker? Yes No
- Do you have trouble with local anesthesia or epinephrine? Yes No
- Do you have an artificial heart valve or mitral valve prolapse? Yes No
- Have you had a joint replacement? Yes No
- Are you on blood thinners? Yes No
- Do you have problems with keloid scarring Yes No

I have read, understand, and answered all of the above. I also understand that I will be charged a \$75 fee if I cancel my surgery with less than 24-hour notice in order to cover our costs incurred. This fee is not billable to your insurance. **I agree to notify the practice prior to my appointment if I answered “Yes” to any of the above questions.**

_____ Date _____