



## Post-Operative Instructions

1. After 24 hours, clean and rebandage the wound every day, as follows:
  - a. Gently remove the old dressing
  - b. You may shower or bathe after 24 hours
  - c. Gently clean the wound once a day with mild soap and water
  - d. DO NOT use alcohol or hydrogen peroxide as these are too harsh for the healing wound
  - e. Apply Vaseline (petroleum jelly) or Bacitracin ointment (if you are not allergic) to the wound. (We do not recommend Neosporin)
  - f. Cover the wound with non-stick dressing such as Telfa
  - g. Apply paper tape to secure the Telfa dressing
  - h. All products described above can be purchased over the counter without a need for a prescription
2. You may experience some pain after the local anesthetic wears off. This is usually mild and can be treated with Tylenol; it is against the law for our practice to write any narcotics. If severe pain occurs, you are instructed to call the office and discuss your symptoms with your doctor.
3. Do Not Take aspirin or other NSAIDS such as Ibuprofen as these can thin your blood and make bleeding problems more likely.
4. If bleeding occurs that soaks through the outside bandage, apply FIRM, DIRECTPRESSURE over the bandage for 20 minutes. If the bleeding does not stop after firm pressure, please call the office and/or go to the nearest emergency room(ER).
5. If you note an increase in redness beyond the edges of the wound, pus draining from the wound or a foul odor, please contact the office as these may be signs of an infection.